

NUTRITIONIST (PUBLIC HEALTH)

DISTINGUISHING FEATURES OF THE CLASS: This is primarily professional nutrition work of a moderately complex nature involving a responsibility for participating in a nutrition education program. The work is performed under the general supervision of the Coordinator, WIC Program, and work guidance (e.g. lead work) may be provided to Assistant Nutritionists and/or a small number of clerical personnel. Does related work as required.

TYPICAL WORK ACTIVITIES:

Assesses patients' needs for nutritional care in prenatal and WIC programs;
Plans and conducts in-service training programs in nutritional care for the staff of the County Health Department, staffs of other county agencies and interested community groups;
Acquaints patients' families and staff with available community resources in foods and nutrition such as home-delivered meals, Title VII nutrition programs, food stamp programs, homemaker services, food pantries, farmers' markets, etc.;
Prepares reports (including reports of expenditures) for submission to appropriate State agency;
Provides nutrition counseling to patients and patients' families regarding foods and the nutritional value of these foods, as well as additional foods necessary to complete nutritional requirements;
Maintains records in accordance with Federal and State agency requirements;
Provides nutrition counseling to patients and patients' families regarding foods available through WIC Program, nutrients provided by these foods and additional foods required to assure satisfaction of complete nutritional needs;
Acts as a resource to Health department staff in clinic and homecare programs;
Completes chart reviews and evaluations, as needed;
May be required to develop a variety of nutrition education material, such as brochures, display boards, etc.

FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:

Thorough knowledge of modern principles and practices of nutrition and dietetics, including menu planning, marketing, preparation of food, etc.; good knowledge of current sources of information and literature on nutrition; ability to establish and maintain effective working relationship with clients and staff; ability to communicate effectively, both orally and in writing, especially as related to conveying nutritional information to appropriate groups and individuals.

MINIMUM QUALIFICATIONS: A Master's degree in Food and Nutrition, or comparable curriculum, (e.g. Dietetics, Dietetic Technology, Clinical Dietetics, Community Dietetics) and one (1) year of professional experience in nutrition or related area and registration as a Dietician (or eligibility for registration) by the American Dietetic Association.

NOTE: A Bachelor's degree in Food and Nutrition, or comparable curriculum, (e.g. Dietetics, Dietetic Technology, Clinical Dietetics, Community dietetics), and one (1) additional year of the experience indicated above may be substituted for the Master's degree.

SPECIAL REQUIREMENT: A valid Motor vehicle license or accessibility to transportation to meet field work requirements in a timely and efficient manner.

PROMOTION: One (1) year of permanent status as an Assistant Nutritionist (Public Health).

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Competitive