

ATHLETIC TRAINER

DISTINGUISHING FEATURES OF THE CLASS: This is specialized work of a responsible nature which involves evaluating the physical condition of high school athletes and advising them how to maintain maximum physical fitness for participation in athletic competition. The work also involves providing training in preventative conditioning to coaches. The work is performed under the supervision of the Athletic Director. The incumbent may be required to work evenings, week-ends and/or holidays. Does related work as required.

TYPICAL WORK ACTIVITIES:

Attends athletic events and practices and provides on-field first aid for athletic injuries;
Provides in-service training to coaches concerning preventative conditioning, weight training, injury management and preventative taping measures;
Maintains liaison with the school's physicians and nurses;
Assists the school's physicians and nurses in ensuring that all student athletes have been appropriately examined and screened prior to issuance of a sports participation card;
Keeps daily records of athletic injuries, therapy and rehabilitation for same;
Implements rehabilitation programs in conjunction with a physical therapist or physician;
Submits injury and student progress reports to all coaches involved;
Provides input concerning the setting up as well as the evaluation and fitting of athletic equipment;
Refers students to proper medical authorities as warranted;
Works with school physicians concerning the return to activity of students who have been injured;
Submits reports to the Athletic Director as may be required.

FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:

Thorough knowledge of the recognition, evaluation, management, therapy and disposition of athletic injuries; thorough knowledge of the rehabilitation of athletic injuries; thorough knowledge of pre-practice and pre-game preparation such as taping, bandaging, application of protective padding, etc.; ability to organize an injury-preventive athletic training program; ability to deal with on-field/on-court injuries and to administer first-aid; ability to establish and maintain successful relationships with athletic directors, coaches and athletes; ability to express oneself orally and in writing.

MINIMUM QUALIFICATIONS: New York State Certification as a licensed Athletic Trainer in accordance with Article 162 of New York State Education Law.