

## **ASSISTANT NUTRITIONIST (PUBLIC HEALTH)**

**DISTINGUISHING FEATURES OF THE CLASS:** This is entry-level professional nutrition work which involves responsibility for participating in various food and nutrition programs (e.g. the WIC program) administered by the Department of Health. The work is performed under the supervision of a higher-level nutrition professional, and work direction (e.g. lead work) may be provided to others. Does related work as required.

**TYPICAL WORK ACTIVITIES:**

Meets with clients in a clinic setting in order to assess nutritional needs;

Provides nutrition counseling to patients and patients' families regarding nutrition issues such as foods available through the WIC program and the nutrients provided by these foods;

Checks compliance by food vendors with federal standards in honoring WIC vouchers;

Completes a variety of documentation such as certification of clients, review of letters from physicians;

Provides input in the planning of nutritional education programs;

**FULL PERFORMANCE KNOWLEDGE, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:**

Good knowledge of modern principles and practices of nutrition and dietetics, including menu planning, marketing, preparation of food, etc.; working knowledge of current sources of information and literature on nutrition; ability to understand and interpret oral and written instructions; ability to communicate effectively, both orally and in writing, especially with respect to the provision of nutritional information to appropriate groups and individuals.

**MINIMUM QUALIFICATIONS:** A Bachelor's degree or higher in Nutrition, Food and Nutrition, Dietetics, Dietetic Technology, or comparable curriculum, or

A Bachelor's degree or higher that included or was supplemented by a minimum of eighteen (18) credits in Nutrition, Food and Nutrition, Dietetics, Dietetic Technology or comparable curriculum.